



## Principal's Desk

**Greetings to my Beloved Students, Teachers and Parents for an exuberant Onam!**

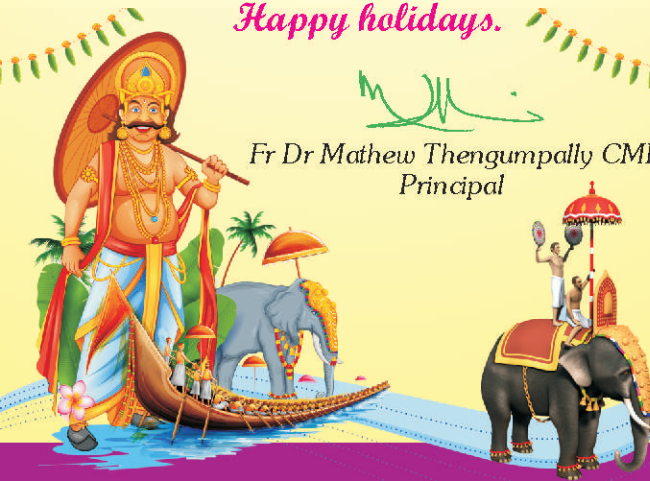
As we embrace the joyous festival of Onam, I extend my warmest wishes to the entire school community. Onam is a time of togetherness, gratitude, sharing and celebration. It reminds us of the rich cultural heritage of Kerala and the values of unity and prosperity.

The legend of King Mahabali teaches us selflessness, humility, and the importance of nurturing a community wherein everyone thrives and lives in equality. Let this Onam inspire us to imbibe these values into our lives, where we support one another, share our strengths, and grow together as a family.

May this festival bring joy, peace, and prosperity into each home. Let's move with the spirit of Onam by helping those in need, spreading kindness and cheer wherever we go.

*Wishing you all  
a happy and blessed Onam!  
Happy holidays.*

Fr Dr Mathew Thengumpally CMI  
Principal



## REOPENING CEREMONY

The Reopening ceremony was conducted on 03 June, 2024. Dr Saji Gopinath, Vice-Chancellor, Digital University, Kerala, was the Chief Guest. He was also an alumnus of Christ Nagar School. In his address, he underscored the importance of time management. It commenced with a hearty welcome speech by our Principal Fr Dr Mathew Thengumpally CMI. He expressed his joy at the coming together of the school community and emphasized on the dedication to academic excellence and holistic development. Fr Paul Mangad CMI, Manager of Christ Nagar Group of Institutions, led the prayer invoking the blessings of the Almighty. A notable highlight of the event was the release of the school magazine, heralding an auspicious opening for the school year.



## KG-REOPENING DAY

The Kindergarten session re-opened on 05 June, 2024. The ceremony was officially inaugurated by our Principal. Activities like palm printing and photo booth were organized to promote acquaintance and interaction amongst children.



## “New Beginnings: Celebrating the Joyful Arrival of Pre-Kg Class !”

In line with the NEP curriculum, our school started the Pre-KG section on 10 June, 2024, emphasizing, Early Childhood Education. The ceremony was inaugurated by our Principal.



## Workshop on Artificial Intelligence for Teachers

An AI workshop for teachers was conducted on 21 and 22 May, 2024. It was organised to introduce potential applications of Artificial Intelligence to update pedagogy. The workshop featured a series of sessions led by AI-trained teachers : Mrs Usha R, Mrs Bindu S, Mrs Anna Suja Malhotra, Mrs Athira Devi J S and Mrs Ayana Surendran. They also conducted the hands-on demonstration of AI tools, allowing teachers to explore and experiment with the technology.



## NCC Enrolment

The NCC enrolment for 2024-'25 was conducted on 18 June, 2024. Commanding Officer Colonel Jaishankar Chaudhari and PI Staff JCO Subedar Arun R from the 2 Kerala Battalion NCC supervised the physical tests and a total of 50 cadets were enrolled for the year 2024-'25.



## Orientation Programme on “TEACHERS AND MEDIA”

On 25 May, 2024, a seminar titled “Teachers and Media” was held at Chavara Hall. The keynote address made by Rev. Fr James Alakkuzhiyil, provided an awareness for teachers on the disadvantages of media, particularly use of smartphones. He outlined several keypoints supported by research and real-life examples, which included: Reduced attention span, Impact on mental health, Cyberbullying and Online Safety, Social skills development and Physical Health concerns.



## MERIT DAY

The Merit Day was celebrated on 10 June, 2024. The Chief Guest, Shri Keshvendra Kumar IAS, Special Secretary, Government Secretariat motivated the gathering, sharing his insights on the value of education and the role it plays in shaping future leaders. The event also witnessed alumnus Shri Akhil T, who topped the UPSC, Civil Service Exam, being honoured. The Principal, in his address, praised the toppers for their exceptional performance. Mementos of acknowledgment were distributed to the Board Exam toppers, for their hard work and achievements. The toppers, Sneha Elza David and Meenakshi A, shared a few tips to excel in competitive exams with the student community.



## EMPOWERING THE FUTURE

The school elections for student office bearers were held on 13 June, 2024. The event was marked by enthusiastic participation from students across Classes 9, 10, 11 and 12. Earnest campaigning started with candidates presenting promising speeches and motivating posters. The polls showcased the democratic spirit and leadership potential within the student body.

## Leading the Way on World Environment Day ...

On 05 June, 2024, the Interact Club of our school actively participated in observing World Environment Day with a series of meaningful activities aimed at raising environmental awareness among students. "Our land our future", is the slogan for this year's World Environment Day. Students displayed placards, posters, and distributed badges around the campus. The event was inaugurated by our Principal, Fr Dr Mathew Thengumpally CMI.

## ANTI-DRUG AWARENESS CAMPAIGN

On 26 June, 2024, Christ Nagar Higher Secondary School, under the leadership of Principal Fr Dr Mathew Thengumpally CMI, conducted an awareness drive in observance of the International Day Against Drug Abuse and Illicit Trafficking. The Interact Club and Malayalam Club of the school organized various programmes, including a flash mob, street play, floor artwork, displayed placards, and distributed flyers. The event concluded with a pledge to combat the menace of drug abuse.



## A DAY AT LOURDES MATHA CANCER CARE CENTRE



Class 12 Q visited the Lourdes Matha Cancer Care Centre, Trivandrum on 08 June, 2024. During the visit, the students had the opportunity to meet and interact with the brave individuals fighting against cancer. A significant highlight of the visit was the preparation of lunch for the patients and the inmates of the Medical College. Besides lending yet

another angle to education, it provided an occasion for empathy and community service.

## ROTARY CLUB PRESENTS

## NATION BUILDER AWARD TO DISTINGUISHED EDUCATORS

The Rotary Club of Trivandrum South launched a prestigious programme to honour educators who are the backbone of our nation's future. Our Principal Fr. Dr. Mathew Thengumpally CMI, and Student Counsellor Mariamma Thomas, received accolades from Mr. G R Anil, the Honourable Minister for Food and Civil Supplies. The school received Rs 8 lakh scholarship, which will support 10 deserving students annually for the next three years. In addition, the Rotary Club provided two anti-drug campaign boards to create awareness among students.



## INTERNATIONAL YOGA DAY CELEBRATION

On 21 June, our school celebrated International Yoga Day with the theme "HEALTHY, SELF AND SOCIETY". Our Vice Principal and Bursar, Rev. Fr Robin Pathinarilchira CMI, and Vice Principal Ms. Usha R, graced the occasion with their presence. The Chief Guest, Ms. Mini Jayakrishnan, former Principal of VHSE, Sri Sri Yoga trainer, and QCI-certified yoga instructor, led a three-day yoga session for fifty one NCC Cadets. The event was organized by Associate NCC Officer, Second Officer Assena Dileep. The event signified the role of yoga in promoting both individual growth and community betterment.



## COLOUR DAY AND FRUITS DAY

On 12 July, 2024, the Kindergarten celebrated Colour Day with each class dressing in a specific colour and engaging in activities like a colour parade and presentations on colour meanings. This was followed by Fruits Day on 09 August, where children participated in fun activities like a fruit-themed song, roleplay, and a fruit salad preparation session, promoting the importance of healthy diet.



## LEADERSHIP UNVEILED!

Christ Nagar Hr Secondary School celebrated the induction of the Student Office Bearers at the Investiture Ceremony conducted on 27 June, 2024. The Student Office Bearers were invested with their official post by the Principal Fr Dr Mathew Thengumpally CMI, Bursar and Vice Principal Rev. Fr Robin Pathinarilchira CMI and Vice Principal

Ms Usha R. Arjun A and Ardra S Davidson of Class XII were sworn in as School Head Boy and School Head Girl respectively. Mayukh S and Aditi Krishna of Class IV took charge as Head Boy and Head Girl of the LP Section. The other Office Bearers sworn in were: Anushka Pramod Raghavan (XII) General Captain; Farhan Shareef (XI) Vice General

Captain; Keerthana Nair B (XII) Girls' Representative; Akshita D Raina (XI) Vice Girls Representative; Sradhaa P G (XII) Arts Club Secretary; Anwitha D B (XII) Magazine Editor; Advait Nair (XI) Vice Magazine Editor; and Vijayatheesh T (XII) and Seira Jose (XII) Council Members.



## INAUGURATION OF THE GIRLS' CLUB AND GRANDPARENTS' DAY CELEBRATION

The Girls' Club Inauguration and Grandparents' Day celebration were conducted on 02 July, 2024. This remarkable event was unveiled by Principal Fr Dr Mathew Thengumpally

CMI with the club's logo, 'She Cares'. The Chief Guest, Smt. Shiny George, Special Secretary to the Government, addressed the crowd. Manager Rev Fr Paul Mangad CMI felicitated the

Senior Citizens on their good work. Shri T. Arjunankutty (grandparent of Geetanjali 10 R) shared his valuable experience. The event concluded with vibrant cultural activities.



## READING DAY

The English Club of our school commenced its activities for the academic year 2024-'25 on 19 June, 2024, the National Reading Day. Seira Jose of Class 12 highlighted the importance of reading. Akamsha Sharath, Nia Wilfred and Rachel Anna Cherian of Class 8 gave a review on the famous Harry Potter series.



## CHRIST NAGAR STOLE THE SHOW AT LA FEST 2024



Christ Nagar Higher Secondary School secured the First Runner - Up position at the LA Fest conducted by Loyola School Trivandrum on 06 July, 2024. Our students excelled in various events. They bagged the First Position in Enquesta, Third in Block and Tangles, and Second in Dance O Mania. Their commendable performances brought laurels to the school.

## PARENT OUTREACH PROGRAMME

For the third consecutive year, CNHSS Parent Outreach Programme kicked off on 29 June, 2024.

During Parent Outreach Programme - (8) **Dr Anitha Mohan**, a clinical nutritionist and former State Nutrition Officer, conducted a session on "Healthy Lunch Boxes for Schoolchildren." She discussed the importance of breakfast as "brain food" and recommended adding five coloured vegetables to meals to enhance immunity. Parents were impressed with her promising tips.



Parent Outreach Programme - (9) was held on 27 July, 2024, for parents of the High School and Higher Secondary Sections. **Mr G Vijayaraghavan**, founder and first CEO of Technopark and founder of NISH, led an insightful session on emerging career trends.

He advised that parents must support, not compel students when they make their career choices and highlighted on schools fostering continuous learning. The speaker's expertise and passion provided valuable guidance on modern career landscapes and effective parenting strategies.



## SOULFUL CONVERSATIONS: INSPIRING JOURNEYS OF CHRIST NAGAR ALUMNI

"Soulful Conversations," featuring distinguished alumni sharing their nostalgic journeys and fruitful experiences with our student community was featured on 29 June, 2024, with **Mr Thanveer Ahmed**, Founder and Director of Uptown Urban Farms Pvt. Ltd. A proud CNHSS alumnus, Mr. Thanveer captivated XI th-grade students with his journey from being a student at CNHSS to establishing Kerala's first commercial hydroponics brand.



On 04 July, 2024, the second session welcomed **Mr Akhil T**, an engineer, hip-hop dancer, and 2013 batch alumnus. Having recently achieved All India Rank 331 in the UPSC Civil Service Examination 2023, Akhil inspired Class XII students to realize their dreams, in reality.



The third session held on 31 July, 2024, featured **Dr Vishnu Nair**, an esteemed alumnus and Assistant Professor at Amity University, Dubai. Dr. Vishnu engaged Std X students in a thought-provoking conversation, sharing his expertise in law and the importance of understanding its various branches.



# TAKING THE HELM!

On 18 July, 2024, selected Student Office-Bearers assumed the administration of the school as part of the Talent Day celebrations. Principal, Fr Dr Mathew Thengumpally CMI ceremoniously handed over the symbolic Golden Key of Authority to the Student Principal Anna Mariya Baby of Class 12Q. The administration

duties were jointly managed by Student Vice Principal Abhinav P of Class 12P, along with Student Senior Assistants Balasubhranian S and Caroline Saji of Class 11P. The Student Teachers conducted classes with enthusiasm, bringing fresh perspectives and engaging their peers in interactive learning.



## VAAYANAKALARI

The Vayanakalari project, organized by Malayala Manorama to promote reading, was inaugurated on 25 June, 2024, by Smt. Bineeta Shibu, Director of Kollam Supreme, Style Club. Copies were handed over to School Head Boy Arjun A. and Head Girl Ardra S Davidson. The event was graced by Principal Fr Dr Mathew Thengumpally CMI, Sri Jijomon T.S. (Circulation Officer of Malayala Manorama), Mrs Vijitha (HR Manager of Kollam Supreme), and Mr Giriprasad (Accounts Manager).



## BUILDING BRIDGES THROUGH BITS AND BYTES

Mr Raghunath Rao Tricovil, a Google product manager and alumnus of Christ Nagar, hosted an inspiring seminar titled "Christ Nagar to Silicon Valley." The event kicked off with the unveiling of the computer club's new logo and slogan: "Building bridges through bits and bytes." Mr Tricovil shared his journey and offered advice on systematic thinking, followed by an engaging presentation on Artificial Intelligence.



## TAGORE DAY

The English Club presented a short skit based on the story 'Kabuliwala' commemorating the legend Rabindranath Tagore as the school celebrated Tagore Day on 07 August, 2024. Children from Classes 5 to 8 participated and the skit was presented during the 'Open Space'.



## FLOWERS DAY

On 23 August, the Kindergarten celebrated "Flowers Day," where the little ones engaged in activities to learn about different types of flowers and their colours. The event combined education and fun, fostering an early appreciation of nature thus creating lasting memories for the toddlers.



## RECHARGING PEDAGOGY

On 10 August, 2024, the teachers of KG, Std 1 and 2 participated in a dynamic orientation programme, co-hosted by the school and Password Publishing House guided by Mr. Binesh K Menon. The session refreshed and motivated the teachers.



## CHINMAYA QUIZ 2024 !

Manas Dev Nair and Advait Nair of 11 Q bagged the trophy for Chinmaya Quiz 2024. Congratulations to the young achievers!



## CLASS ASSEMBLIES

Students from Classes XII, X, and IX conducted their Class Assemblies as scheduled, with unique presentations.



## AKHIL T and ANAKHA K VIJAY, UPSC ACHIEVERS

**Mr Akhil T**, an engineer, hip-hop dancer, and 2013 batch alumnus was honoured for having achieved the All India Rank 331 in the UPSC Civil Service Examination 2023. **Ms Anakha K Vijay**, a proud member of the CNS family, was honoured for securing All India Rank 220 in the 2023 UPSC Civil Service Examination.



## WORKSHOP ON VEGA PROCESSOR

Fifteen students from our school participated in a one-day hands-on workshop on VEGA processor programming at the C-DAC campus, Vellayambalam, on 10 August, 2024. The workshop introduced students to the fundamentals of processor programming and provided practical sessions that enhanced their understanding of modern technologies.



## THE CHRIST NAGAR CHALLENGE

The Christ Nagar Challenge, an exciting inter-house competition, was held in August 2024, featuring various events in sports. On 10 August, Olympic House emerged victorious in basketball, while Expo House claimed the football title. In the badminton event held on 13 August, Expo House secured the top notch.



## ART IN FINESSE

The CNHSS **Youth Festival**, held on 14, 16 and 17 August, was a vibrant three-day celebration. The event was inaugurated by the renowned Film Director Shri Vipin Das, along with the Music Director Shri Rajat Prakash as the **Guests of Honour**. Rev. Fr Paul Mangad CMI, Manager and Fr Dr Mathew Thengumpally CMI, Principal addressed the gathering. The Olympic House emerged the overall winner.



## A day to Remember

### ASHA BHAVAN'S VISIT TO OUR SCHOOL

On 21 August, 2024, the children of Asha Bhavan, Changanassery, visited Christ Nagar Higher Secondary School. The City Police Commissioner, Shri Sparjan Kumar IPS, was the Chief Guest of the day. Accompanied by Rev. Fr Sony Mundunadakal, the Director of Asha Bhavan, and the Sisters of the CMC Congregation, the specially challenged children presented a spectacular band performance. The visit left a lasting impact on the school community.



## ACT OF KINDNESS : SUPPORTING WAYANAD



Students of Christ Nagar Higher Sec School contributed to Wayanad by donating clothes and food items, ever ready to commit themselves to the hapless.

## LAURELS TO CNHSS AT ASISC KERALA REGION LITERARY EVENTS

Students of CNHSS dominated the ASISC Kerala Region, Fr George Hess Memorial Literary Events, held at KE English Medium School, Mannanam, Kottayam on 31 August, 2024, winning multiple top spots. Mukund Arun (8P) and Swetha Krishna (7R) emerged winners in the Sub Junior Quiz, while Manas Dev Nair and Advaith Nair (11Q) secured the first place in the Senior Quiz. Swapna Mary Jacob (8P) won the first place in Declamation (Sub-Junior) and Janaki Renjith (9T) excelled in Painting (Junior). With a stellar 30-point performance, all the winners advanced to the Nationals, securing the Overall Championship.



### QUIZ (Senior Category)



### Quiz (Sub Junior Category)



### Declamation (Sub Junior Category)



### Painting (Junior Category)



## We mourn the sad demise of



### KRISHNADEV A (III T)

Born on: 16.12.2016 Died on: 05.09.2024

*Grant him eternal rest, O Lord, and may perpetual light shine on him for ever.  
May his Soul Rest in Peace*

## FORTHCOMING EVENTS

- ❖ The Frank Anthony Memorial All India Inter-School Debate Competition – National Finals (24.09. 2024)
- ❖ Star Day
- ❖ Sports Day
- ❖ Science Fair
- ❖ Chavara Sports Fest
- ❖ Field Trips & Tours
- ❖ Class Assemblies
- ❖ Christmas Fete and Annual Day

**SCHOOL REOPENS AFTER ONAM ON 23 SEPTEMBER, 2024**